



Cool Congregations Carbon Footprint Checklist

NAME: _____

NUMBER OF PEOPLE IN THE HOUSEHOLD: _____

DATE RANGE: _____ (For example: 1/1/10 – 1/1/11)

1) VEHICLES: MILES DRIVEN and MPG - Estimate the miles driven by each of your vehicles over the last 12 months. The average American drives 15,000 miles a year.

Don't know your MPG? Go to www.fueleconomy.gov/mpg. In the lower left-hand corner of the page select "MPG estimate from Drivers Like You," then select your make and model and write down the EPA combined average.

VEHICLE#1

Year, Make, Model: _____

Miles Driven: _____

MPG (miles per gallon): _____

Current Odometer Reading: _____

Date of Odometer Reading: _____

VEHICLE#3

Year, Make, Model: _____

Miles Driven: _____

MPG (miles per gallon): _____

Current Odometer Reading: _____

Date of Odometer Reading: _____

VEHICLE#2

Year, Make, Model: _____

Miles Driven: _____

MPG (miles per gallon): _____

Current Odometer Reading: _____

Date of Odometer Reading: _____

VEHICLE#4

Year, Make, Model: _____

Miles Driven: _____

MPG (miles per gallon): _____

Current Odometer Reading: _____

Date of Odometer Reading: _____

2) FLIGHT MILES* - Estimate of the miles flown by *each* member of your family for the last 12 months. Count each flight for each family member separately, even if they flew on the same flight.

Total for all family members: _____

**Don't know? Go to www.webflyer.com/travel/milemarker and select cities flown to and from to get miles traveled.*

3) UTILITY INFO - Totals for the last 12 months.

Electricity(kWh)*: _____

Heat – Your home likely only uses one of the following:

Natural Gas reported in therms: _____

Natural Gas reported in mcfs: _____

Heating Oil (gallons): _____

Propane (gallons): _____

**Didn't save your last 12 months of bills? Call your local utility and ask how to retrieve the information. Here is one example:*

4) GARBAGE - Estimate the amount of garbage your household produces per week. Kitchen bags are 13 gallons, large bags are 33 gallons.

Total gallons per week: _____

Cool Congregations is a Program of:



For more information, go to www.iowaip.org or contact Sarah Webb at coolcongregations@iowaip.org

and

ARIZONA INTERFAITH
POWER & LIGHT



contact Doug Bland at doug.bland@tempeccc.com